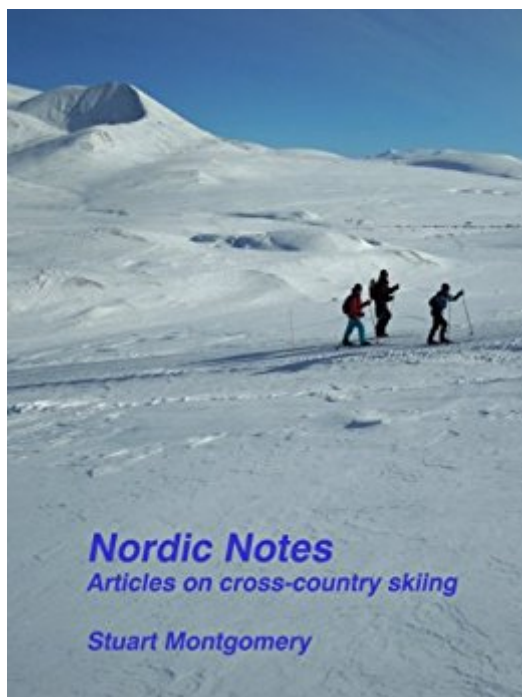


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# Nordic Notes: Articles On Cross-country Skiing



## Synopsis

Nordic Notes is a collection of 60 wide-ranging articles on cross-country skiing. Some are about technique and equipment, some are about touring and some are about fitness and training. Many others are about topics of general interest: skiing with kids, skiing with blind people, navigating, travelling in ancient snow cats, Nordic walking, Scott of the Antarctic, things to see in the sky and things to be afraid of in Lillehammer. The author has worked for 25 years in ski travel, organising holidays in the Alps, Pyrenees and Scandinavia.

## Book Information

File Size: 2587 KB

Print Length: 235 pages

Publication Date: June 3, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00D6L03RA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #505,651 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #28

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Winter Sports > Skiing #31 in Books > Sports & Outdoors > Outdoor Recreation > Skiing > Cross-Country #659 in Books > Sports & Outdoors > Winter Sports

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Cross-country downhill and other Nordic mountain skiing techniques  
How to Write Articles for News/Mags, 2/e (Arco How to Write Articles for Newspapers & Magazines)  
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